

Greetings from NEVDON[®] in 2011

The team at Nevdon[®] hopes this newsletter finds you healthy and happy in the New Year and energized about 2011.

Exciting new changes

Here at NEVDON[®] we like to keep things simple. So we have simplified our website address. You will now be able to order your products through our new website:

www.nevdon.com

Do not worry if you are still using the old website as this is still active. Nevdon[®] is easier to type and remember!

Packaging

As you may have noticed, our product packaging is changing. Moving away from the dropper bottles, we are now investing in spray tops for our remedies. This is a benefit for all consumers, making application of Nevdon[®] remedies much easier. Tested over time our new 10ml bottles will last around the same time (approximately three months a bottle with one spray a day). This method of application will deliver the same results as the previously recommended two drops a day.



We are excited about the change but will continue to sell previously bottled stock so please bear with us as the change takes place. Pictures on the website are being updated as the packaging changes so you will know what to expect when you order online.

Summer suggestions for better health

Summer is a great time to get outdoors and enjoy life. Family, sport, beach and barbeques is what it is all about, but while out enjoying the sun, the sun will start damaging your body. Here are a few suggestions from us at Nevdon[®] to help you last out the summer intact.

Hair damage

Been out in the sun all summer only to find your hair dried out and dull?

Nevdon[®] Remedies: One spray of Liver CHL-E and Un Loc-E on the wrist each day can help revive hair by increasing cell communication.

Home remedy: Using this remedy of equal amounts of freshly squeezed lemon juice and olive oil (or Aloe Vera oil). Mix ingredients and pull through hair to help eliminate dryness, creating shine.

We recommend www.wildnaturecairns.com.au for your organic Aloe Vera Oil.

NEVDON[®]

Genopathic[®] Remedies

Current Special:

One free bottle of Vit C-E

With any two or more bottles of Genopathic[®] remedies purchased, on this web site per single invoice only.

Prevention Better Than Cure
Health is the best Wealth

Sunburn



It is important to keep your skin hydrated at all times, especially over summer and after sunburn occurs. Keep drinking plenty of water (at least two litres each day) to allow cell hydration. These tried home recipes may help sunburn pain and reduce the likeliness of peeling after damage has occurred.

Nevdon[®] Remedies: Use a spray of Un Loc-E, MSM-E and Healing Cream directly on the burn to help heal scar tissue caused from sunburn.

Tomatoes for the skin: After sunburn has occurred cut a tomato in half and rub the juicy tomato on the burn, seeds and all. Leave the juice to soak into the skin for 10-15 minutes and then rinse in the shower. You may want a towel underneath your sunburn patient doing this or sit outside in the shade!

This can reduce the sting created from the burn and make clothes, showers and movement more bearable.

Aloe Vera oil: Rub this into the affected skin morning and night for at least a week to help cell hydration and reduce peeling of the skin.

Preventative: Use UV Natural Sunscreen. This can be purchased online from www.uvnatural.com

Heat rash

Heat rashes such as hives can be caused from chemical or food allergies in the body and become uncomfortable especially in direct sunlight. Look back on what you have eaten differently over the last 48 hours and try to pin point where the reaction may have come from. Examples of rash starters:

- Overeating of citrus fruits
- Powdered drinks (such as Raro)
- Berry fruits (this may not be the berry themselves; it may be the sprays put on the berries in mass production. If you do find reaction from supermarket purchases try growing your own or the organic section once the rash has gone away. If you get the same reaction then remove these from your diet.



Nevdon[®] Remedies: Super G+A-E, Anti-O-E, Lacto-E, Un Loc-E, Healing Cream can all help relieve heat rash symptoms.

Home remedies for itching

- One cup of white vinegar in your bath water and soak for 15-20 minutes
- Apply Aloe Vera oil to the infected area
- Apply a baking soda and water paste to the infected area or put two or three tablespoons of baking soda in a bath and soak.